



Camp Comfort is a weekend camp offered twice each summer that addresses the special needs of grieving children ages 6 to 12. Camp Comfort offers children a supportive environment in which they can gain an understanding of grief and loss. Children learn ways to cope with their grief through workshops and activities, building skills that may help them now and throughout their lives. Grief workshops are balanced with recreational activities, such as swimming, ziplining, horseback riding, and fishing so that children feel free to have fun and just be kids.

Camp Schedule

Camp Comfort begins on **Friday** evenings. Get-acquainted games and activities are followed by an evening snack.

Saturday gets started with a hearty breakfast. The day is then filled with sharing and learning sessions, along with recreational opportunities, and includes breaks for both lunch and dinner. After the evening meal, the children have fun participating in a talent show (optional).

Sunday includes brunch, more workshops, and fun activities. Family members and/or guardians are invited to attend the closing ceremony at 11:30 a.m., and camp ends at 12:30 p.m.



3081 Bergen Peak Dr. | Evergreen, CO 80439
303-674-6400 | CampComfort.org

Answering Your Questions

Who qualifies for Camp Comfort?

Any child between the ages of 6 and 12 who is grieving the death of a family member or friend.

How long has Camp Comfort been in existence?

Camp Comfort was started in 1995 and is a program of Mount Evans Home Health Care & Hospice, which has offered medical care, bereavement support, and education to individuals and families since 1980. More than 1,300 children have attended Camp Comfort since its inception.

Who is in charge of Camp Comfort?

Camp Comfort is run by trained and licensed social workers who have experience working with children in hospice, school settings, and individual counseling.

What kind of adult supervision will there be?

Licensed social workers, grief professionals, and volunteers will be supervising your child at Camp Comfort. To ensure that each child receives plenty of personal attention, specially trained volunteers, called "buddies," stay with their assigned campers throughout the weekend including in the cabins at night. A camp nurse is available for first aid and dispensing of medication. All staff and volunteers are screened and have undergone background checks.

My child has some special needs.

Can you accommodate him or her?

Please indicate on the application form your child's special needs. All children will be considered on an individual basis, based on the camp's abilities to meet their needs.

"I liked being able to enjoy being me and know that I'm not totally alone." —a Camp Comfort child



"When my son returned from Camp Comfort, he was rested and positive, and seemed like the world was lifted from his shoulders." —a Camp Comfort parent

Where is Camp Comfort?

It is located near Georgetown, Colorado, on Interstate 70, just 32 miles west of Denver. Specific directions will be sent to you prior to the camp date.

How much does Camp Comfort cost?

The total cost for the Camp Comfort weekend, including all meals, snacks, overnight accommodations, recreation, and workshops, is \$150. Scholarships may be available based on financial need. (Call for information.)

Where to I call for more information?

You can reach Camp Comfort program directors at Mount Evans Home Health Care & Hospice Monday through Friday, 8:30 a.m. - 5:00 p.m. (MST) at **303-674-6400**.



Dear Parent or Guardian,
While issues of grief and loss are hard for anyone to handle, they can be especially painful and confusing for children. We invite your child to take part in what could be a positive, healing experience.

Sharing with other children who are in similar situations and knowing that they are not alone can be very helpful.

Children often carry a heavy burden when someone they love dies. Our hope is that a Camp Comfort weekend will assist your child in understanding their loss. We cannot take your child's grief away. We will, however, give him or her an opportunity to learn some coping tools, develop a better understanding of their grief, and help them preserve positive memories of their loved one.

With hopes of healing,
The Camp Comfort Staff

Please send me a camp application

Complete and send the form below with a \$25 deposit (or the entire \$150 registration fee) to Mount Evans Home Health Care & Hospice, and an application packet will be mailed to you. Camp registration for each session is limited to 50 children. We encourage you to register as soon as possible.

The \$25 deposit will hold your child's space in either the June or July session until the completed application is returned. The full registration fee is due one week prior to the camp date (see below). Deposits and fees are not refundable after these dates. If we are unable to accommodate your child, your money will be refunded.

CHILD'S NAME (1) _____

AGE _____ SEX _____

Relationship of person who died _____

CHECK ONE: JUNE SESSION JULY SESSION
 June 15-17 July 13-15
 (Fee due June 8) (Fee due July 6)

CHILD'S NAME (2) _____

AGE _____ SEX _____

Relationship of person who died _____

CHECK ONE: JUNE SESSION JULY SESSION
 June 15-17 July 13-15
 (Fee due June 8) (Fee due July 6)

PARENT OR GUARDIAN'S NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

HOME PHONE _____

WORK PHONE _____

CELL PHONE _____

EMAIL _____

NOTE: If registering more than two children, please photocopy this form. Make checks payable to Mount Evans Home Health Care & Hospice, 3081 Bergen Peak Dr., Evergreen, CO 80439. **Questions?** Call **303-674-6400** or visit us online at **CampComfort.org**.

See our video at
CampComfort.org

Return Service Requested

Mount Evans Home Health Care & Hospice
3081 Bergen Peak Drive
Evergreen, CO 80439



2018 Sessions
June 15-17 and July 13-15

Grief camp for children ages 6-12